

If possible, please bring shopping bags and small empty containers for your oil and vinegar

WHAT CAN I EXPECT TO RECEIVE?

We offer two days of food covering the basic food groups as well as some extras. You will be given a choice sheet to choose what you would like. Our volunteers will do their best to fill your order. Please understand that we do sometimes run out of items. Enjoy a tea or coffee while your order is filled. You can also choose fresh vegetables and bread after your order is filled.

Catchment area

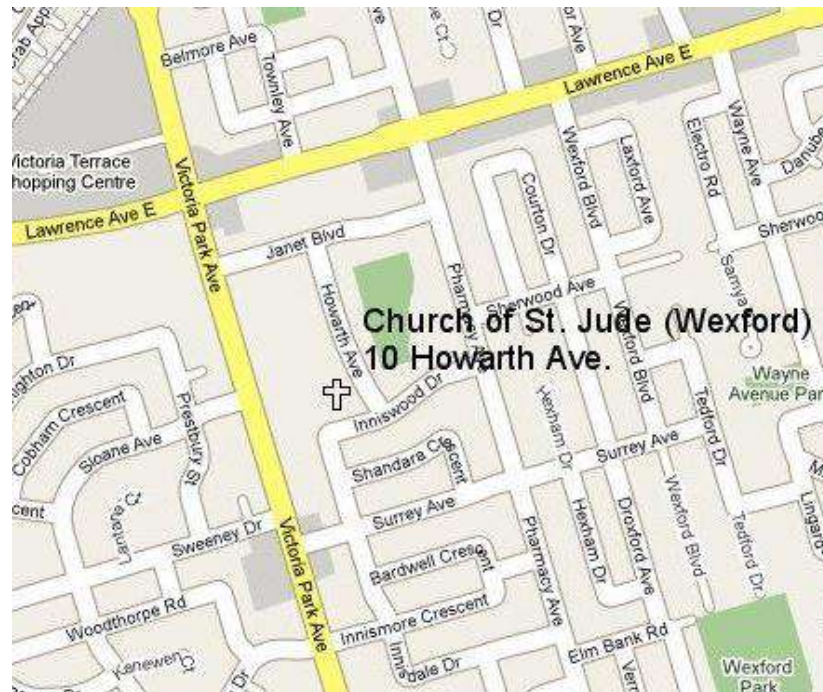
North: Highway 401

South: Eglinton Avenue

East: Birchmount Avenue

West: Don Valley Parkway

No one is ever turned away.



The Deacon's Pantry Food Bank at St Jude's, Wexford

Hours of operation:
Wednesdays between 10am. - 12pm.



10 Howarth Avenue
Scarborough, ON M1R 1H4
416-755-5872(phone)
www.stjudewexford.ca



CHURCH
of ST. JUDE
WEXFORD
FOOD BANK

The Rev Greg Carpenter, Incumbent

ABOUT THE DEACONS PANTRY FOOD BANK

The Deacons Pantry Food Bank was started over twenty years ago in response to the identified need for an emergency supply of food in the immediate community to St Jude's Church. It was started by a group in the congregation as an outreach program. It has continued and grown as the families in the community in need have grown as the result of economic challenges.

DONATIONS AND FOOD SUPPLY

Primarily our funds and food are donated by local faith communities. We wouldn't be able to continue our work without the help of:

St Jude's Wexford Anglican Church,
Toronto East Chinese Baptist Church,
St Andrews Anglican Church,
Wexford Heights United Church

We also appreciate the support from local community groups, agencies and business.

Since September 2011, we have been supported by Second Harvest.



Foods are purchased from local grocers by volunteer shoppers. We purchase fresh fruits and vegetables to supplement our weekly delivery from Second Harvest. In the summer months we have small vegetable garden at the church rectory to add a variety of produce. Local residents have started to bring in vegetables from their gardens and their trees. It all helps

DONATING TO THE DEACON'S PANTRY FOOD BANK

Tax receipts can be given for donations over ten dollars. Please make cheques payable to The Church of St Jude's, Wexford. Please designate your gift to the Deacon's Pantry Food Bank in the memo line of your cheque.

VOLUNTEERS

The Deacons Pantry Food Bank is run by volunteers. If you are interested in volunteering please come in on a Wednesday morning and speak with our Volunteer Coordinator. We do usually have a waiting list.

Items in Constant Need

Canned meat or fish	Soup	Pasta
Cereal	Brown beans	Spaghetti
Macaroni and cheese	Peanut butter	Chick peas
Canned vegetables and fruit	Rice	Vinegar
Flour	Laundry soap	Sugar
Kidney beans		

We also gratefully accept personal care items

Soap	Toothpaste
Toilet Paper	Feminine Hygiene
Shaving Cream	Razors
Deodorant	Shampoo

HOW OFTEN CAN I COME?

You are welcome to come to the Food Bank once a month, unless you have an emergency.

If you are in need of information regarding other agencies and support we will do our best to help you get this information. Please ask.

WHAT TO DO IF YOU NEED EMERGENCY FOOD

Come to the Deacons Pantry Food Bank on Wednesday morning between 10 am. and 12pm . Bring identification for all family members living with you as well as proof of residency. If you are out of our area you will be assisted with food and given information on the location of a food bank closer to you.